

BALI GODDESS: WOMEN'S SPECIAL GETAWAY

8D/7N - Start from \$2,170 per person

TRIP OVERVIEW

Locations	: Ubud Canggu Jimbaran Uluwatu Nusa Penida, Bali
Activities	: Wellness & spirituality, culture, nature, sight-seeing, & leisure
Duration	: 8 Days 7 Nights
Price	: Start from \$2,170 per person
Travel Types	: Private Tour

HIGHLIGHTS

A special getaway to Bali exclusively crafted for women – whether it is with your best friends, teammates, or your lovely daughters, this Bali Goddess: Women's Special Getaway tour is a picture-perfect escape from the pressure of daily life that bring your inner goddess. You will enjoy a bunch of fun time in Ubud, Canggu, Jimbaran, Uluwatu, and Nusa Penida with leisure, spa, massage, yoga, and shopping activities.

In the central city of Bali – Ubud, a Spa & Balinese Massage will welcome your arrival in Bali. Most of your excursion will be spent here as Ubud has an endless charming charisma of its natural beauty. You will partake in some great courses, such as meditation and yoga class, learn and practice Bali traditional dance, and a Balinese cooking class that introduces you to some local's ingredients. Ubud City tour will make you go round to some local highlights – Monkey Forest, Saraswati Temple, and Ubud Art Market. Create many beautiful experiences here by morning trekking in Tegallalang Rice Fields, rush your adrenaline with an exhilarating swing over a dense jungle of palm trees, and watch Balinese dance in an art village.

Transfer to Canggu, you along with your girl squads will join a silver-smithing class to learn about various jewelry making techniques and take part in perfume making class to create your own perfume. While in Jimbaran and Uluwatu, have fun your day with beach activities under the tropical sun, savor panoramic cliff views in Uluwatu Temple, and watch Kecak 'Fire Dance' performance. At the end of your tour, the hidden gem Nusa Penida combines beauty and adventure at the same time. You will marvel the beauty of the island while you have the opportunity to spot Manta Rays cruise to the coast of Angel Billabong, snorkel over crystal water at Crystal Bay, and trek to T-Rex

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cliff at Kelingking Beach. All of these are more impeccable with healthy meals and luxurious stays. This Bali Goddess: Women's Special Getaway eventually truly is a picture-perfect memory.

ITINERARY

DAY 1 : ARRIVAL DENPASAR - UBUD

'Selamat Datang!' Welcome to the capital city of Bali, Denpasar. Upon your arrival, our guide will greet you at Ngurah Rai Airport, and transfer you to your private resort in Ubud. A welcome Spa & Balinese Massage will pamper you, and then you may spend the rest of the day at leisure.

Meals included: no meals included on this day

DAY 2 : UBUD

After a hearty breakfast, take part in your first class and learn the basics of yoga, such as an ancient physical, mental, and spiritual practice that can transform the body and strengthen the mental discipline with your private yoga master at your own resort. After lunch and a short break, your excursion continues to an art village called Batu Bulan Village to watch a performance of the famous Balinese Barong Dance. Then, set off to Mekar Bhuana Center to partake in a Balinese Dance class where you will have an opportunity to learn and practice Bali traditional dance.

Meals included: Breakfast, Lunch, and Dinner

DAY 3 : UBUD

Begin a healthy day with a morning trek on Tegallalang Rice Terraces. Considered as the most scenic rice paddies in Bali, Tegallalang offers miles and miles of green views that can soothe your eyes utterly. Then, we will take you to one of the most renowned temples in Bali – Pura Tirta Empul. This temple consists of the temple complex and holy mountain spring that allow visitors to join ritual bathing in the holy water which believed can purify your soul. One of the exciting itineraries today is to visit Zen Hideway or Bali Swing to rush your adrenaline with a swing over a dense jungle of palm trees. After a day of traveling, rejuvenate your mind with a luxurious private spa and massage treatment adorned with an incredible view of Ubud. Finally, a special dinner will be ready to savor at one of the best Michelin starred restaurants in the world at Mozaic Restaurant.

Meals included: Breakfast, Lunch, and Dinner

DAY 4 : UBUD

Today, you better make an early start for a cooking class at Kayun Restaurant in the village of Mas. Start by heading over to the local market; you will handpick your ingredients for the class accompanied by a professional chef. Back to the kitchen, you will learn the basic tips and tricks of traditional Balinese cooking before shown how to light a wood-fire stove. You will then try your hand at crafting these specialties from scratch as you prepare a delicious feast made up of

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traditional Indonesian flavors. Next, you will join Ubud City Tour and visit some highlights, including sacred Monkey Forest Sanctuary where you can spot a long-tailed Balinese monkey called scientifically as 'Macaque,' visit the most beautiful temple in Bali at Saraswati Temple, and stroll around at Ubud Art Market to shop some Balinese merchandise.

Meals included: Breakfast, Lunch, and Dinner

DAY 5 : UBUD - CANGGU

Find an inner bliss with an optional yoga and meditation class in Ubud before checking out from the hotel and transfer to Canggu. There you will learn about silver-smithing and various jewelry making techniques at House of Alaia School of Creative Arts. Afterward, spend the rest of the day at leisure or perhaps optional activities sound good for you: Stroll around at Canggu best pool clubs, enjoy sunset at Tanah Lot, try horse-riding beaches on the island at Pererenan Beach, hit the waves at Berawa beach, or swim and relax at your private villa.

Meals included: Breakfast, Lunch, and Dinner

DAY 6 : CANGGU - JIMBARAN - ULUWATU

Partake a perfume making class and create your own 30ml bottle of unique and individual perfume at L'Atelier Parfums et Créations before setting off to Uluwatu best beach & cliff clubs. Have fun with your friends by a bunch of fun activities you can savor: enjoy cocktails, swim, and splash! We'll make sure that you won't leave this fantastic island without enjoying panoramic cliff views in Uluwatu Temple and watch Kecak 'Fire Dance' performance. The Kecak Fire Dance is one of Bali's most iconic art performances, famous for its dominant use of human vocals in place of gamelan instruments to accompany the dance-drama at its core.

Meals included: Breakfast, Lunch, and Dinner

DAY 7 : CANGGU - NUSA PENIDA

Today, we will promptly transfer you to Sanur harbor to visit the hidden gem – Nusa Penida Island. An unforgettable scenic view of the island is just a beginning. Here you may spot Manta Rays cruise to the coast of Angel Billabong, relish an incredible little cove at Broken Beach, snorkel over crystal water at Crystal Bay, and trek to T-Rex cliff at Kelingking Beach. The cliff has a Tyrannosaurus Rex shape – an exceptional blue Hindia Ocean and the entire view of the island are ready to unwind at the top of the T-Rex. After a day of adventure in Nusa Penida, you will savor a delicious seafood dinner in Jimbaran Bay to close your picture-perfect day.

Meals included: Breakfast, Lunch, and Dinner

DAY 8 : DEPARTURE

At the end of your special getaway tour in Bali, spend the rest of the day with a free program or optional activities to live your Bali trip to the fullest. You can: Discover the best local and international fashion boutiques, galleries, art shop where you can pick up some mementos at Kayu

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Aya & Seminyak Raya Street or pamper yourself at the best spa & massage treatment in Seminyak or Canggu to rejuvenate your body and mind. Eventually, we will transfer you to the airport to say goodbye – We hope your journey with us is creating unforgettable memories, and we will be glad to see you again in another remarkable place in Indonesia!

Meals included: Breakfast

TERMS & CONDITIONS

TOUR INCLUDE

- Accommodation with daily breakfast at selected hotels.
- Meals as mentioned in the itinerary, except for alcoholic drinks.
- Private tours, transfers, and all services as mentioned in the itinerary.
- Service of a private driver and air-conditioned vehicles.
- Entrance fees for all the mentioned sights.
- Professional English speaking guides.
- Personal travel insurance (domestic insurance).
- Professional english speaking guides.
- Service charges and government VAT tax.

TOUR EXCLUDE

- International airfares to and from our start and end points + departure taxes if applicable (*Notes: The price of this tour does not include any international airfares to and from our start and end points; however, our reservations specialists are more than happy to help arrange international flights on your behalf and advise on scheduling. We book hundreds of flights each year on behalf of our guests, and we know the best routes to take to ensure you arrive on time. We only book with IATA-approved airlines that have met with international standards of safety and dependability.*)
- Personal expenses (mini bar, laundry, room services, additional food & drink at the hotel/ restaurant, etc).
- Early check-in and late check-out at hotels.
- Visa fees.
- *Tipping to guides and drivers (Notes: on the final day of your tour, you will have an opportunity to contribute in giving tip fund discretionarily. We believe that between US\$ 5-10 per day is an appropriate amount. However, this is just a suggestion and remains entirely up to the judgment and discretion of the guests. We do ask that you kindly refrain from offering tips to guides or*

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drivers at any time, except during cases of exceptional service, when it should be arranged through the office. Tipping of your travel specialists for their hard work is also welcome, and is at your discretion).

WHAT TO BRING

- **Clothing** - The tropical climate means you can safely leave all of your warm weather gear at home. Bring cool cottons, T-shirts and shorts. Likewise, a lightweight fleece could be useful for pre-dawn trekking or if there is a cool wind on the mountain – even if you don't need it, it will be useful for the plane. Adventure Archipelago is respectful of the local cultures and customs; bring clothes that cover your shoulders and knees for village or temples visits. Finally, you might want to bring at least one smart-casual outfit for sunset cocktails and evening meals. Ladies: beach throw-overs, kaftans and sarongs are always useful; choose fabrics that dry easily. Also, bring a lightweight sundress or two – several destinations offers a great setting for a photo shoot, live it up.
- **Bags** - A day backpack is essential on day hikes to carry things such as your water bottle, camera, binoculars, and rain jacket. A waterproof wet/dry bag is a good idea for your phone, camera, etc.
- **Footwear** - Pack comfortable trainers, trekking sandals, sturdy walking shoes or hiking boots for hikes and walks. Bring socks to wear inside your walking shoes to avoid getting blisters. Many travellers appreciate the added stability of a walking stick or hiking pole; lightweight telescopic poles are easy to pack. You might also want waterproof sandals or reef shoes for wet landings and water activities. Flip-flops are great for the beach. Note: Standard practice is to go barefoot on the boat.
- **Sun Protection** - You'll be spending plenty of time out in the scorching tropical sun, so be sure to pack sunscreen with a high enough SPF to protect your skin from the sun's damaging rays, which are stronger in the water, and some sun-protective clothing as well. Cover-ups, sarongs, sun shirts, and other such clothing will ensure that you come back from your trip with just happy memories and photographs – and not sunburn. A good hat is essential; a wide brimmed hat or cap will keep the strong equatorial sun off your face and neck. Sunglasses keep your eyes protected and add a little glam to your photos. A strap to hold your glasses can be a good idea on more active adventures. Just in case you fail to avoid getting sunburnt, bring an aloe-based lotion to soothe burned skin.
- **Swimwear** - Don't forget your swimsuit/bikini/shorts/trunks/Speedos —and preferably more than just one swimsuit, so that one or two can be drying while you are wearing another. Luckily, swimsuits and/or swim trunks don't take up too much space in your luggage. The water is warm but a rash guard (or a wetsuit) will protect you from the sun, abrasions and stings.

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- **Skin & Hair Protection** - Ladies, it's important that you take good care of your skin and hair. The sun, seawater and salty air may be beautiful to experience but it can be tough on your body and will wreak havoc on your locks. Bring moisturising lotion to soothe skin parched by the sun and the saltwater; bring a leave-in conditioner to de-tangle your hair with ease because the water, mask, and hair-ties will leave it in knots. Also consider bringing a scarf or headband to hold back unruly hair, or hair-ties/pins to keep your hair off your face and therefore prevent water seeping into your mask.
- **Camera Equipment** - If you are photo enthusiast bring all of the camera and video equipment that you will use as you can expect exceptional opportunities for photography. If you prefer the ease of a point & shoot, bring that. If you want to take underwater photos you might want to invest in a waterproof camera/GoPro or waterproof housing to capture photos of the incredible marine life. It's also a good idea to bring a spare memory card.

For further information, you can contact us :

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